

“CONTEMPORARY TOPICS IN ORTHOPAEDICS”

**An Educational Conference Co-sponsored by
Maine Medical Education Trust and
St. Joseph's Healthcare**



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**Sugarloaf Mountain Hotel
Sugarloaf/USA**

March 9-11, 2012

22nd Annual Meeting

**Program Director: Garrett R. Martin, M.D.
Conference Coordinators: Donna L. Rogers and Janet A. Stevens**

FACULTY

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**CONTEMPORARY TOPICS IN ORTHOPAEDICS
FRIDAY, MARCH 9, 2012**

Moderator: Richard Swett, M.D.

MORNING SESSION 6:30-11:15 A.M.

- 6:30-7:00 a.m. Registration/Continental Breakfast – Sugarloaf Mountain Hotel
- 7:00 a.m. Announcements by Garrett Martin, M.D.
- 7:15-7:45 A.M. Lumbar MRI Anatomy Revisited – The “True” Foraman – David Urquia, M.D.
- 7:45-8:15 A.M. Treatment of Proximal Humerus Fractures – Gerald Rosenberg, M.D.
- 8:15-8:45 A.M. Ethical Issues in Sports Medicine – Nancy Cummings, M.D.
- 8:45-9:15 A.M. Protective Headwear in Skiing and Snowboarding – Cameron Trubey, M.D.
- 9:15-9:45 A.M. Anterior Shoulder Instability in Contact Athletes – Kenneth Morse, M.D.
- 9:45-10:15 A.M. Maine’s Plan to Help Doctors to Become More Effective Leaders – James Harnar
- 10:15-10:45 A.M. Multi-Model Pain Techniques
- 10:45-11:15 A.M. Discussion and Questions

AFTERNOON SESSION 3:00 – 6:00 P.M.

- 3:00-3:30 P.M. Hamstring Injuries – Kenneth Morse, M.D.
- 3:30-4:00 P.M. Work-up of Bone and Soft Tissue Tumors – Ian Dickey, M.D.
- 4:00-4:30 P.M. Reverse TSA: 42 Cases w/6 mths-6.5 yr Follow-up at UVM – Adam Shafritz, M.D.
- 4:30-5:30 P.M. Steps of Courage: My Parents’ Journey from Nazi Germany to America
- Bettina Hoerlin, Ph.D
- 5:30-6:00 P.M. History and Actions of the Workers’ Compensation Board, Medical Fee Schedule,
And Recent Workers’ Compensation Legislation Activity – Paul Sighinolfi
- 7:00 P.M. Banquet—Sugarloaf Inn—Rock N Roll Hall of Fame

CONTEMPORARY TOPICS IN ORTHOPAEDICS
SATURDAY, MARCH 10, 2012

Moderator: Catherine Meikle, M.D.

MORNING SESSION 6:30 A.M.-11:00 A.M.

- 6:30-7:00 A.M. Registration/Continental Breakfast/Announcements –Sugarloaf Mountain Hotel
- 7:00-8:00 A.M. Compounded Dosage Forms for Pain and Inflammation - David Rochefort, R.Ph.
- 8:00-8:30 A.M. Talar Osteochondral Defects – David Lemos, M.D.
- 8:30-9:15 A.M. Fibromyalgia – Jennifer Marks, D.O
- 9:15-10:00 A.M. SI Joint/Iliolumbar Maigne Syndrome/Iliac Crest Syndrome – William Scott, D.O.
- 10:00-10:30 A.M. Scapholunate Instability-Anatomy and Biomechanics – Adam Shafritz, M.D.
- 10:30-11:00 A.M. What's New in Perioperative Fractures – Raymond White, M.D.

AFTERNOON SESSION 3:00-6:00 P.M.

- 3:00-3:45 P.M. Malpractice Rates in Maine Versus the Rest of the Country
 – Terrance Sheehan, M.D.
- 3:45-4:30 P.M. The Impact of Fluoroscopic Animations on Implant Design
 – W. Andrew Hodge, M.D.
- 4:30-5:00 P.M. Update in Treatment of Dupuytren's Contracture – Sacha Matthews, M.D.
- 5:00-5:30 P.M. New MaineCare Limits on Pain Medications - Gordon Smith
- 5:30-6:00 P.M. MSOS Meeting
- 5:30 P.M. Vendor Reception

**CONTEMPORARY TOPICS IN ORTHOPAEDICS
SUNDAY, March 11, 2012**

Moderator: David Urquia, M.D.

MORNING SESSION 6:30-11:00 A.M.

- 6:30-7:00 A.M. Registration/Continental Breakfast/Announcements–Sugarloaf Mountain Hotel
- 7:00-7:30 A.M. Lateral Ankle Instability and Cavus Foot Alignment – David Lemos, M.D.
- 7:30 –8:00 A.M. An Update on Balloon Kyphoplasty – David Urquia, M.D.
- 8:00-8:45 A.M. Knee Arthritis in Saudi Arabia – W. Andrew Hodge, M.D.
- 8:45-9:15 A.M. Pre-Operative Anemia Management in Elective Total Hip and Total Knee Arthroplasty – Stephen Walsh, M.D.
- 9:15-10:15 A.M. Approaching a Zero Infection Rate – Maureen Spencer , RN
- 10:15-10:45 A.M. Oncology’s Revenge: Hazards of the Biopsy – Ian Dickey, M.D.
- 10:45-11:00A.M. Discussion and Questions

11:00A.M. **ADJORNMENT FOLLOWING CLOSING REMARKS**

(SPEAKERS AND TIMES ARE SUBJECT TO CHANGE)

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-NOTES-

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Dates for Next Year
March 8-10, 2012

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